



PSK 101

Introduction to Psychology I

Fall 2021

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Mondays, 09.00 - 11.50 | AMFI 3

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Course Overview

"Psychology has long past, yet its real history is short." - Hermann Ebbinghaus

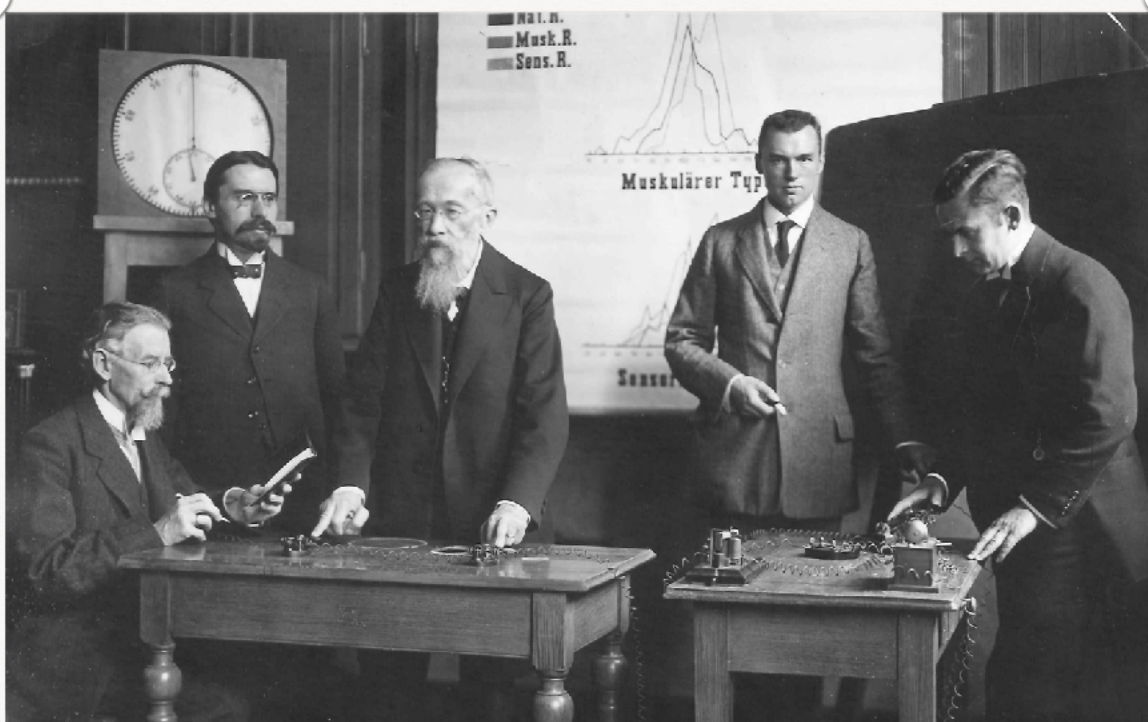
We cannot state a specific year when people talked about the psychology of things around themselves. It appears that, as Ebbinghaus said, although psychology has a short written story, its past had begun with the evolution of the first human being. In this course, students will learn how to look at different perspectives of psychology to solve the problems within each view. The primary topics include testing psychological research hypotheses and the theories of the mind-body relationship. This course includes research methods, physiological bases of behavior, brain and behavior, sensation and perception, states of consciousness, learning, memory, language, and intelligence. Students will be asked to use their critical thinking skills to understand and analyze the problems around them. In other words, they will gain practice for asking rational questions about human nature.

At the end of this course students will be able to;

1. Think both as a scientist and psychologist,
2. Differentiate between the different psychological approaches and analyze psychological issues from the perspective of these different approaches,
3. Follow through the several steps of assessment in investigating a particular psychological research hypothesis,
4. Accumulate knowledge on the theories and research regarding the normal and abnormal functioning of the brain, the senses, and the mind, and develop habits of critical inquiry on related issues.

Course Format

Students are expected to read each week's reading(s) before class and contribute to class discussion. Each student is expected to come to class prepared to summarize the readings' key points and participate in their debate.



Wundt's Laboratory (1879)

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Grading

- I. **Mid Term Exam (50% of your total grade):** A multiple-choice exam includes all topics discussed in class sessions. Exam date will be announced later.
- II. **Final Exam (50% of your total grade):** A multiple-choice comprehensive final exam includes all topics discussed in class sessions. Exam date will be announced later.



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Tentative Course Schedule

Week	Main Topic	Sub Topic
1	Introduction	Introduction PSK101
2	Biological Foundations of Behavior	Do we use 10% of our <i>brain</i> ?
3	Biological Foundations of Behavior	Can Zombies be real?
4	Health and Wellness, Neurons, Love	What does happen to you when you are in love?
5	Learning, Brain, Intelligence	Is there something like <i>brain training</i> that happens to enhance our <i>intelligence</i> ?
6	Sensation & Perception	What is red? Do people <i>see</i> the very same red when looking a Turkish flag?
7	Perception, States of Consciousness	Are there <i>subliminal messages</i> in movies affecting you?
8	MIDTERM EXAM	
9	Sensation & Perception, and States of Consciousness	What is <i>reality</i> ? How can you be sure that you are a real, <i>conscious</i> individual?
10	Memory	Is a <i>spotless mind</i> possible?
11	States of Consciousness, Learning, and Memory	Is it possible to <i>learn</i> Quenya or Sindarin while you are sleeping?
12	Learning, Memory, and Motivation	What is the best way to study for exams?
13	Psychology's Scientific Method	Why does astrology suck?
14	Summarize of the Semester	What have you learned (so far)?

The course schedule is subject to change, therefore, please check out course's website and your related Moodle (OYS) account to get information about any possible changes:
<http://www.kokdemir.info/courses/psk101>.



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Readings

Main Reading Material

Students may be asked to read and comment on some articles and chapters about each week's topic. For related articles, please check out the course's website. Other main reading materials are listed below.

- ▶ Kokdemir, D. (n.d.). *Introduction to psychology I (v.2.0)*. Noba. Retrieved September 21, 2020, from <http://noba.to/nhvzbf8r>.
- ▶ King, L. (2017). *The Science of psychology: An appreciative view (4th ed.)*. New York: McGraw Hill.

Suggested Journals

Journal of Personality and Social Psychology
Journal of Experimental Social Psychology
Personality and Social Psychology Bulletin
Psychological Bulletin
Psychological Review
Organizational Behavior and Human Decision Processes
Social Cognition
Behavioral Neuroscience
Decision
European Psychologist
Journal of Neuroscience, Psychology, and Economics
Türk Psikoloji Dergisi
Türk Psikoloji Yazıları

Other Social Psychology Resources

Here you can find valuable social psychology resources.

- ▶ Türk Psikologlar Derneği (<https://www.psikolog.org.tr>)
- ▶ American Psychological Association (<https://www.apa.org/>)

